

SEABAG LIST FOR **ALL CTC** CADETS (LIMITED LAUNDRY FACILITIES)

(All seabag items **MUST** be marked with Cadet's name and last 4 of SSN. NSCC Flashes must be on all outer garments unless otherwise specified through NSCC Regulations)

- ❑ Seabag with name
 - ❑ 1 Dress Blues Uniform with Flash
 - ❑ 1 neckerchief
 - ❑ 4 white crew neck undershirts
 - ❑ 1 Cover / Dixie Cup – males
 Combo Cover/Dixie Cup – females*
 - ❑ 1 pair black dress shoes
 - ❑ Name Tag
 - ❑ Earned Ribbons
 - ❑ Earned Rank (sewn on)
 - ❑ 2 NWU or BDU uniforms with flashes, name/branch tapes sewn
 - ❑ 1 NWU or BDU cover with flash
 - ❑ 4-6 dark blue NWU or olive green BDU undershirts, for NWU/BDU
 - ❑ 1 black belt with silver buckle
 - ❑ 1 pair black boots
 - ❑ Blousing straps. If you don't have any, use a large rubber band.
 - ❑ 2-4 pair shorts (mid thigh or longer) and/or sweatpants—blue or black
 - ❑ 2-4 NSCC YELLOW/GOLD t-shirts
 - ❑ 1 pair athletic shoes
 - ❑ Canteen with belt
 - ❑ 1 black winter coat, pea coat or NWU Parka (MUST HAVE 1 OF THESE) **
 - ❑ Black winter gloves
 - ❑ Black scarf
 - ❑ Black watch cap
 - ❑ 4-6 solid color underwear / std-no thongs
 - ❑ 3 white bras (females)
 - ❑ 5-7 pair of black socks
 - ❑ 5 pair of white socks
 - ❑ White thermal underwear are allowed, Strongly encouraged
 - ❑ Swimsuit, blue or black (one-piece for females)
 - ❑ 1 mesh laundry bag with a zipper closure or pull string that has a finger slider pressure lock mechanism.
Undergarments and socks will be washed in these bags.
 - ❑ 1 shoe shine kit
 - ❑ 1 (sm) sewing kit
 - ❑ 1 lip balm or ChapStick
 - ❑ 1 pair shower shoes
 - ❑ 1 lint roller
 - ❑ 1 stain remover stick
 - ❑ 2 towels and wash cloths
 - ❑ 1 set of twin sheets/pillow case/blanket OR Sleeping bag (ADV Schools) – Sheets/Blanket for RTC [make it warm]. – cadets flying in will get theirs at the base
 - ❑ Hygiene supplies which include: Shampoo, toothbrush, toothpaste, shaving gear, deodorant, soap in a holder box, hand lotion, comb/brush, foot powder NO AEROSOLS!
 - ❑ Females: feminine products
 Pins and/or rubber bands to secure long hair. Pump hair spray.
 - ❑ 1 small flashlight with fresh batteries
 - ❑ 1 extra set of flashlight batteries
 - ❑ 1 wrist watch—no phone watch or Fitbit
 - ❑ 2 pens AND 2 pencils
 - ❑ 1 small pocket size wheel book (spiral notebook bound on the top)
 - ❑ You may bring addressed and stamped envelopes with writing paper to write home (not required)
- PT gear is your sleepwear also.

* Depends on which DRESS UNIFORM is worn by females

** A HEAVY fleece can be approved by school OIC/CO

NOTES:

ALL MEDICATION MUST HAVE
RELATED PAPERWORK!

**IF IT IS NOT ON THE SEABAG LIST—
DO NOT BRING IT!!!**

CONTRABAND ITEMS

A Seabag inspection WILL be performed upon arrival. The following items are EXPRESSLY PROHIBITED and will be confiscated. As you are attending CTC, I expect ALL cadets to be in compliance. Having items confiscated does not make a good, first impression.

Cosmetics
Nail Polish
Perfume
Candy, gum and food of any kind
Controlled substances
Tobacco Products
Matches/lighters
Weapons/C4/Unspent Cartridges
Electrical Appliances
Liquid Shoe Polish
Talc/Baby Powder
Glass Containers
Medications (unless paperwork has been
sent/approved). This includes aspirins and
Benadryl.
Aerosol Cans (hairspray, shaving cream)
Duct Tape
Jewelry (except 1 optional religious medal)
Books/Magazines (except religious)
Cell phones
I-pods, I-pads, tablets
I-phone/Apple watches
Hand-held video games

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